

**LET'S WELCOME**

**TESS**



Hey guys! My name is Tess Varner and I am a senior at Oklahoma Christian University. I am majoring in Liberal Studies in Religion, focusing on Youth Ministry, Bible, and Family Ministry. I am graduating in December of this year. I love to travel and have a special passion for Eastern Europe and mission work. I also love live music and will take about any opportunity to go to a concert or hear a band. In the past, I have done summer internships with other churches, but I am thrilled and eager to spend time with and work with the group at Quail Springs during the Spring and Fall semesters. I grew up at Quail Springs and am so proud of the progress and changes I have seen in the youth program in the last few years, and am so eager to be involved with it!

**ANDI**



Hi, My name is Armando Margjeka  
 "You killed my father—prepare to die"  
 I am a junior at Oklahoma Christian. My major is family studies. I have no clue what to do after I'm through. I'd like to pursue music.  
 I was born and raised in Albania until I was 18 years old and then I moved to the United States.  
 I enjoy soccer, chess, ping pong, fishing, hunting, art and music. My favorite movies are Chocolatt, Gladiator, Life is Beautiful, Notting Hill and Meet the Parents  
 My favorite music is by David Gray, Bryan Adams, U2, Pearl Jam, Jack Johnson and Sting.  
 I'm excited to use my gift of music with the youth group and interact with them and to have the privilege of witnessing. There is a great potential that's within this group and I am excited to work and help to bring this potential out.

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**Mark Ruff** high school minister



Higher Ground  
Shirts  
 The much-anticipated Higher Ground shirts will be available soon. Our initial order is for ¾ length sleeved shirts (\$18) and hoodies (\$25). Our new "HG" logo will be proudly displayed for you to wear with pride. Quantities will be limited so make sure you are the first to own one of these beauties!

**HONDURAS MISSION TRIP**  
**JULY 11-19**

Meetings in March will be the 12th, 19th & 26th from 6-7pm in the PIT (old Middle School room). Keep our trip in your prayers.

**STRAIGHT UP**

**WHEN: WEDNESDAY, MARCH 5**  
**TIME: 6:15pm**

**TAKE NOTICE:**  
**Class Starts Early**  
**Café Still opens at 5:30**  
**We'll see you there!!!!**

**WEDNESDAYS IN MARCH**

**EMOTIONAL ROLLERCOASTER**

Why are some days awesome while others totally stink?  
 I wish my parents would take a chill pill!  
 What's wrong with me? Why do I always mess up?  
 Would somebody just help me understand what's going on?  
 That's exactly what we'll do during the month of March on Wednesday nights. Join us for an in depth look at the emotional roller coaster of STRESS, ANGER and LOVE.

## One Awesome Church

Our study continues on Sunday mornings in the book of ACTS. Make sure you join us at 9:25 to catch the fever of the early church.

HANG OUT

SMALL GROUPS

Our H2O's will be up here in the youth room each Sunday night from 6-8pm. Bring \$2 for dinner.  
MARCH 9--SMALL GROUPS  
MARCH 16--SMALL GROUPS

JUNIORS & SENIORS



March 7 & 8

Register on-line for the Spring Visit @ oc.edu and double-click on the Spring Visit link. The cost is \$25. If you have any questions, call Amanda Noblin @ 425-5063.

## MARCH BIRTHDAYS

3/6/88	Drew Richardson 14311 Smithhurst Edmond, OK 73013	3/20/87	Abby Williamson 8801 Salsbury Ln. OKC, OK 73132
3/8/86	David Wendling 8909 Oakmont Drive OKC, OK 73131	3/25/86	Cassie Tyler 1555 E. Lakin Terr. Mustang, OK 73064
3/19/85	Blair Goforth 13909 Plymouth Crossing Edmond, OK 73013	3/26/87	Rebekah Bruce 1313 Cedar View Edmond, OK 73013



# MESSAGES FROM MARK

The past two months I've shared with you about the theme for the High School in 2003—**Making the Most**. I want to continue that by sharing the lyrics of a country song by Toby Keith called "My List."

The theme of this song is to realize that the time to start living is NOW! We often make too many things a priority over spending time with our families and our friends. Sometimes we need to be reminded of what's important and I hope these lyrics will inspire you to consider that.

### MY LIST BY TOBY KEITH

*Under an old brass paperweight is my list of things to do today  
Go to the bank and the hardware store, put a new lock on the cellar door  
I cross 'em off as I get 'em done but when the sun is set  
There's still more than a few things left I haven't got to yet*

*Like go for a walk, say a little prayer  
Take a deep breath of mountain air  
Put on my glove and play some catch  
It's time that I make time for that  
Wade the shore and cast a line  
Pick up a long lost friend of mine  
Sit on the porch and give my girl a kiss  
Start livin', that's the next thing on my list*

*Wouldn't change the course of fate but cuttin' the grass just had to wait  
'Cause I've got more important things like pushin' my kid on the backyard swing  
I won't break my back for a million bucks I can't take to my grave  
So why put off for tomorrow what I could get done today*

*Like go for a walk, say a little prayer  
Take a deep breath of mountain air  
Put on my glove and play some catch  
It's time that I make time for that  
Wade the shore and cast a line  
Pick up a long lost friend of mine  
Sit on the porch and give my girl a kiss  
Start livin', that's the next thing on my list*

*Had to change this line, laugh 'til it hurts  
Put an extra five in the plate at church  
Call up my folks just to chat  
It's time that I make time for that  
Stay up late, then oversleep  
Show her what she means to me  
Catch up on all the things I've always missed  
Just start livin', that's the next thing on my list*

*Under an old brass paperweight  
Is my list of things to do today*

I challenge you to make time **today** to let your family know how much they mean to you. Give your kids a hug. Go out and eat together. Rent a movie, pop some corn, put on pajamas and enjoy a night at home. Get your family together and make plans to do something fun. Don't let the business of life cause you to miss the true meaning of what God intended us to enjoy. Just start living—let that be the next thing on your list.

*Mark*

## 40 DAYS OF PURPOSE

### 40 Days of Purpose

Beginning April 20 and ending June 1 we'll begin a spiritual journey together to answer life's most important question:

#### WHAT ON EARTH AM I HERE FOR?

By the end of this journey you will know God's purpose for your life and will understand the big picture- how all the pieces of your life fit together. Having this perspective will reduce your stress, simplify your decisions, increase your satisfaction, and prepare you for eternity.

**Everyone** is encouraged to purchase the book, "The Purpose Driven Life" by Rick Warren which will be available at Quails' book stand in the foyer for \$10. Parents and students will need their own personal copy.

## DATES TO KNOW

### MARCH 7-12

Mark & Charles Out for the Willow Creek Conference

### MARCH 23

Combined H2O @ Cross & Crown

### MARCH 26

Special Praise Night with the College students 7-8pm

### MARCH 28-30

Area Wide Retreat

## AREA WIDE RETREAT

Due to bad weather, our retreat is rescheduled for March 28-30 at Camp Pettijohn. The deadline to sign up and pay \$30 is Wednesday, March 12. For those already signed up, please confirm if you are still able to attend by calling Cindy Tarrant at 755-4790.